**Don't watch the clock; focus on the study. Every minute spent studying brings you closer to your goal—stay committed and keep moving forward."**

**Unlock Your Potential and Achieve Top Ranks**

# Time Management

• Wake up early at 5:00 AM to make the most of your day.

• Study in short, focused sessions of 1–1.5 hours, followed by 10–15 minutes of rest.

• Prioritize subjects based on difficulty and importance.

• Avoid procrastination by using to-do lists and daily goals.

# Daily Routine

**• 5:00 AM - 6:00 AM: Revise Biology theory and key diagrams.**

**• 6:00 AM - 3:00 PM: School hours (Pay full attention in class).**

**• 3:30 PM - 5:00 PM: Study Physics (Numerical problem-solving).**

**• 6:00 PM - 7:30 PM: Study Chemistry (Focus on reactions and equations).**

**• 7:30 PM - 9:30 PM: Practice NEET mock questions.**

**• 9:30 PM - 10:30 PM: Revise what you studied during the day.**

# Tips for Concentration and Understanding

• **Eliminate distractions by creating a dedicated study space.**

**• Use memory aids like mnemonics and diagrams.**

**• Teach others what you've learned to strengthen your understanding.**

**• Practice mindfulness or meditation for better focus.**

# Motivational

"Success is the sum of small efforts, repeated day in and day out." - Robert Collier

"The harder you work for something, the greater you’ll feel when you achieve it."

"Don’t watch the clock; do what it does. Keep going." - Sam Levenson

# How to Become a Class Topper

• Pay full attention in class and actively participate in discussions.

• Complete your homework and assignments on time.

• Revise daily what has been taught in school.

• Maintain concise and organized notes for each subject.

• Solve previous years' question papers for better understanding.

• Consistently score well in tests by thorough preparation.

• Stay motivated and believe in yourself.

**Weekly Targets: -**

* **Monday to Friday: Cover 1 chapter each from Biology, Chemistry, and Physics.**
* **Saturday: Revise a full Biology chapter + solve 50 MCQs from all subjects.**
* **Sunday: Attempt a mock test, analyze mistakes, and revise weak areas.**

**Priya Sharma (Best of luck !)**

**“Study hard, stay hydrated, and keep your body energized. A healthy mind needs a healthy body ha aur ek baat khaya piya karo sahi se”**

“Every hour you dedicate to your studies is a step closer to making your parents proud. Their sacrifices and dreams live through your success study with purpose, and honor their love with every achievement.”